TURNER CONSTRUCTION

Who we are The nature of the industry

- Job satisfaction
- Value of teamwork
- Growth industry
- Opportunities for women

The Challenge:

High rates of substance misuse

Chronic Pain

Demographics

Sleep deprivation / disruption

Extreme pressure low margin of error









Pre- COVID19 Stand Down



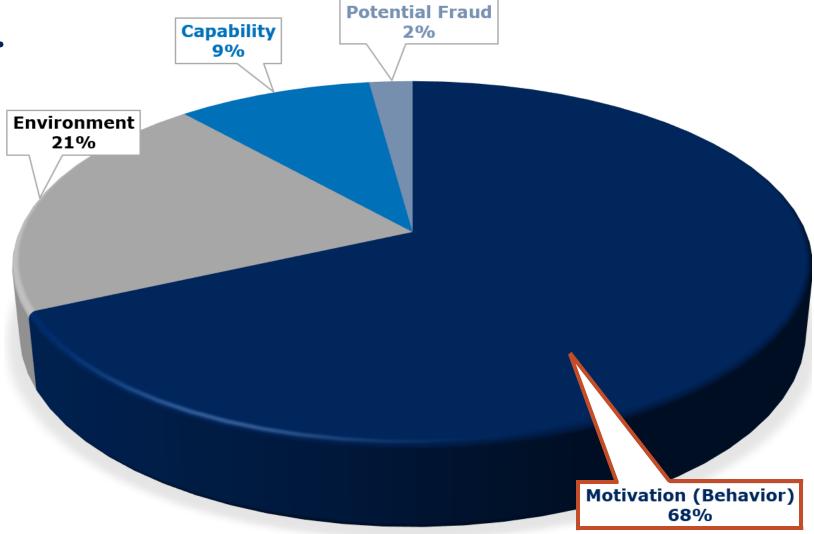




Time

WHY WE TOOK IT ON

Building L.I.F.E. Injury Study

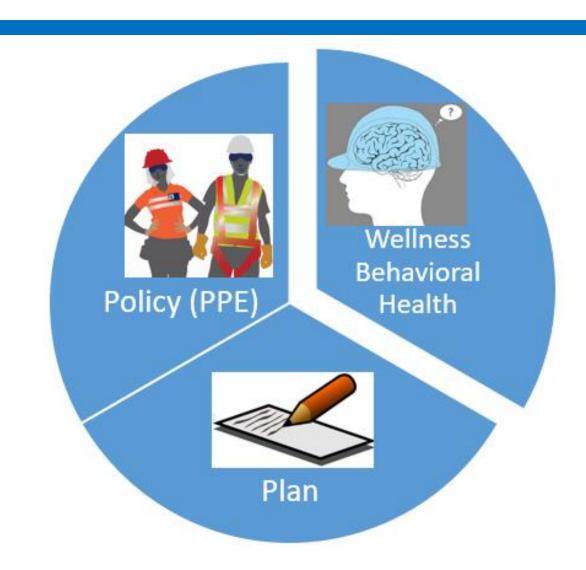




SAFETY MANAGEMENT

Injuries Compliance

- Six feet tie-off rule
- Seven steps
- Ladders last



Turner New England Leadership

"Create a workforce that is genuinely looking out for each other...a workforce that is conditioned to recognize addiction, suicide traits, behavioral health issues, while providing the supports, either directly or indirectly."

-Peter Hamill

Launched a formal discovery

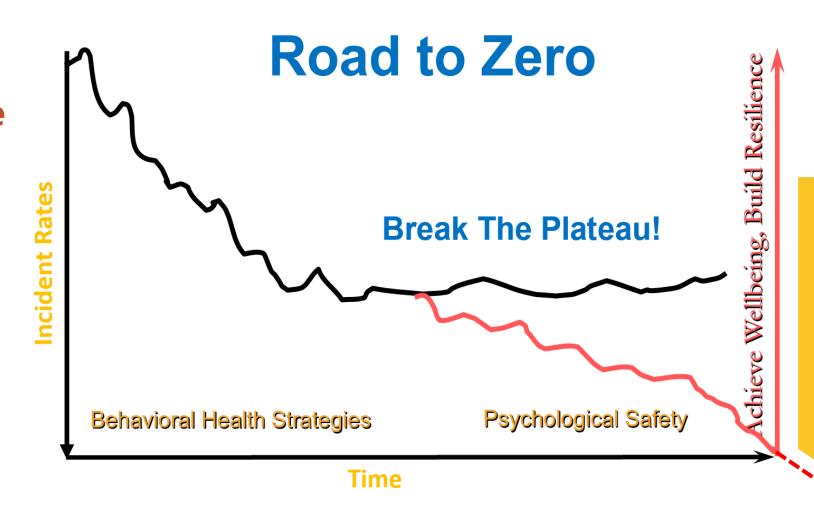
better understand the behavioral health of workforce.

inform solutions for challenges and opportunities.



SOLUTIONS

Future State
Operationalize
Wellness



Educating an industry –

Wellness & behavioral health acumen for our families and communities



Injury Avoidance

Integrated into life

Focused

Cared About

Poor Health Injuries / Accidents Health & Safety Continuum Optimal Well-Being Optimal Productivity Thrive Treat and Cure Illness Maintain and Improve Health Clinically treated Individually Prevented

Accident

Distracted

Triaged

Compartmentalized



Health Health Coach Advocate Safety Care Extension Manager

Wellness Trailers 2.0

One hard hat. Multiple disciplines. Strategic outcomes.



Wellness Trailers 2.0

Assisting the workforce as...

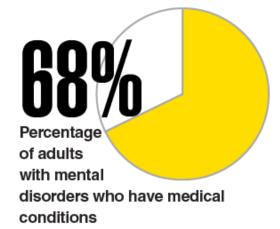
- Health Coach
 - -Screenings
 - Prevention
 - -Knowledge
 - Challenges / lifestyle behavior

- Care Manager
 - Triaging
 - Manage care gaps and conditions
 - Medication management



Number of Americans who experience mental illness in a given year.

Source: National Alliance on Mental Illness



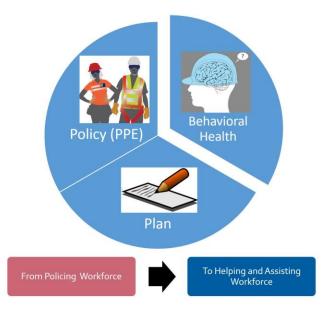
Source: Robert Wood Johnson Foundation



Wellness Trailers 2.0

Assisting the workforce as...

- Health Advocate
 - Recognizing conditions
 - Navigating the system
 - Finding (appropriate) providers
 - Insurance knowledge/ benefits



(Extension of) Safety Supervisor

- Plan, Policy & Behavioral Health management
- Behavioral health awareness
- Underlying concerns
- Measure / TeachPresenteeism



www.wellnessworkdays.com

KPIs – Program Totals (3 months)

- 34 Injuries Treated
- 144 Coaching Sessions Completed
- 11 CPR Training Certifications
- >213 total participants in onsite wellness challenges
 - -Monthly Table Talks
 - Participation for raffle entries







Health Coaching Progress – By Topic



Total Coaching Participants n = 46

Topics Covered:

Behavioral Health/Stress: 21

Nutrition: 8
Grief/Loss: 2

Injury Prevention/ET: 9
Smoking Cessation: 2

Weight Loss (General): 4

 46% of participants have sought coaching to help with behavioral health issues & stress





Wellness Program Testimonials

"The best part of the day is the morning with your positive energy and the good laughs. I'm really looking forward to meeting with you again."

"I was having a tough day and I just needed someone to listen-- to get things off my chest and I knew I could just walk in and I could talk to my coach. Having a program like this is important it could really help a lot of guys."

"I've been on a lot of sites--Worked with different companies. I've seen nurses before but not a lot. But this? This is some new stuff. This is like "they-actually-care-stuff." You always brighten up the day. And you care about everyone. Everyone knows they can come to you for anything. **Anything**. And I'll be telling everyone about you. Showing everyone your pretty wellness boards. Everyone needs to smile like you do, everyday."





Questions or Feedback?

